

CBD SHOPPING LIST

Type: Isolate (no THC) Broad Spectrum (no THC) Full Spectrum (< 0.3% THC)

Does this brand speak to me?

Does this brand address the area I need support with?

Sleep Relax Pain Stress Focus
 Other: _____

Preferred dose:

(Beginner? Try starting with 10 mg CBD per serving.)

What's my budget? _____

Does this product have a price point per dose that works within my budget?

Is the product sourced and produced in the US?

Does the product have a QR code?

Does the QR code lead to clear, easily understood test results from a credible lab?

What additional ingredients are in the product?

Will they be of benefit to me?